

# FURTHER SUPPORT AVAILABLE

## Pay and Pensions

[Stoke Payroll](#)

[Staffordshire Pension Fund](#) (Support Staff)

[Teachers Pension Scheme](#)

[Tax Code Queries](#)

## Wellbeing Support

[Education Support](#)

[Samaritans](#)

[Think Well Staffordshire](#)

[Mind](#)

[Codsall and Bilbrook Food Bank](#)

## Dealing with my concerns

[ACAS](#)

[Individual Unions](#)

Head Teacher/Line Manager

Chair of LAB

[DSmith@cmat.academy](mailto:DSmith@cmat.academy) (CMS),

[TAbbiss@cmat.academy](mailto:TAbbiss@cmat.academy) (BFS)

[ANijjar@cmat.academy](mailto:ANijjar@cmat.academy) (SNFS)

## In School Support

Where possible within CMAT Schools we advocate that it is always useful to have a conversation with your line manager or Head Teacher where you are able to first.